

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 9:00 Stretch & Flex 9:30 Walking Club 11:00 Sing-a-Long 1:30 Reminiscing 2:00 Chat & Snack 2:30 Trivia 3:00 Bingo 3:30 Horse Shoes 4:00 Hand Massages 6:00 Walking Club</p>	<p>2 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/ Today in History 10:30 Chat & Snack 11:00 Golf 1:30 Reminiscing 2:00 Card Games 2:30 Ball Toss 3:00 Afternoon Stretch & Flex 3:30 Horse Shoes 4:00 Reading Round Table 6:00 Walking Club</p>	<p>3 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 Tea & Topics 11:00 Puzzles 1:30 Reminiscing 2:00 Bean Bag Toss 2:30 I Spy 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Wheel of Fortune 6:00 Walking Club</p>	<p>4 9:00 Stretch & Flex 9:30 Walking Club 10:00 Bible Study (Dogwood) 10:30 Chat & Snack 11:00 Crafts 1:30 Reminiscing 2:00 Parachute Workout 2:30 Card Bingo 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Picture Creations 6:00 Walking Club</p>	<p>5 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 The Baking Bunch 11:00 Wheel of Fortune 1:30 Reminiscing 2:00 Bean Bag Toss 2:30 Name 5-10 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Question Ball 6:00 Walking Club</p>	<p>6 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 Tea & Topics 11:00 Let's get Beautiful 1:30 Reminiscing 2:00 Bowling 2:30 Reading Round Table 3:00 Music w/Jessie Frank 3:30 Sing-a-Long 4:00 Finish the Phrase/Trivia 6:00 Walking Club</p>	<p>7 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/ Today in History 10:30 The Baking Bunch 11:00 Card Games 1:30 Reminiscing 2:00 Parachute Workout 2:30 Card Bingo 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Name 5 or 10 6:00 Walking Club</p>
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<p>15 9:00 Stretch & Flex 9:30 Walking Club 10:00 Church Service (Magnolia) 11:00 Reminiscing 1:30 Horseshoes 2:00 Accordion w/ Mike Frankel 2:30 Bowling 3:00 Bingo 3:30 Afternoon Stretch & Flex 4:00 Hand Massages 4:00 Sunday Devotional (Redbud) 6:00 Walking Club</p>	<p>16 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/ Today in History 10:30 Chat & Snack 11:00 Golf 1:30 Reminiscing 2:00 Card Games 2:30 Ball Toss 3:00 Afternoon Stretch & Flex 3:30 Horse Shoes 4:00 Reading Round Table 6:00 Walking Club</p>	<p>17 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 Tea & Topics 11:00 Puzzles 1:30 Reminiscing 2:00 Dance w/ Lynn Moon 2:30 I Spy 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Wheel of Fortune 6:00 Walking Club</p>	<p>18 8:30 Men's Breakfast in Parlor 9:00 Stretch & Flex 9:30 Walking Club 10:00 Bible Study (Dogwood) 10:30 Chat & Snack 11:00 Crafts 1:30 Reminiscing 2:00 Parachute Workout 2:30 Card Bingo 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Picture Creations 6:00 Walking Club</p>	<p>19 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 The Baking Bunch 11:00 Wheel of Fortune 1:30 Reminiscing 2:00 Bean Bag Toss 2:30 Name 5-10 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Question Ball 6:00 Walking Club</p>	<p>20 6 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 Tea & Topics 11:00 Let's get Beautiful 1:30 Reminiscing 2:00 Bowling 2:30 Reading Round Table 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Finish the Phrase/Trivia 6:00 Walking Club</p>	<p>21 7 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/ Today in History 10:30 The Baking Bunch 11:00 Card Games 1:30 Reminiscing 2:00 Parachute Workout 2:30 Card Bingo 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Name 5 or 10 6:00 Walking Club</p>
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<p>29 9:00 Stretch & Flex 9:30 Walking Club 10:00 Church Service (Magnolia) 11:00 Reminiscing 1:30 Horseshoes 2:00 Reminiscing 2:30 Bowling 3:00 Bingo 3:30 Afternoon Stretch & Flex 4:00 Hand Massages 4:00 Sunday Devotional (Redbud) 6:00 Walking Club</p>	<p>30 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 Tea & Topics 11:00 Puzzles 1:30 Reminiscing 2:00 Bean Bag Toss 2:30 I Spy 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Wheel of Fortune 6:00 Walking Club</p>	<p>31 9:00 Stretch & Flex 9:30 Walking Club 10:00 Devotion/Today in History 10:30 Tea & Topics 11:00 Puzzles 1:30 Reminiscing 2:00 Bean Bag Toss 2:30 I Spy 3:00 Afternoon Stretch & Flex 3:30 Sing-a-Long 4:00 Wheel of Fortune 6:00 Walking Club</p>		<p>Daily: 7:00 Life Skills 8:00 Breakfast 10:30 Tasty Treats 11:30 Helping Hands 12:00 Lunch 2:00 Tasty Treats 4:30 Helping Hands 5:00 Dinner 7:00 Tasty Treats 8:00 Life Skills</p>	<p>January Happenings 1/6 Music w/ Jessie Frank 1/12 Zumba 1/15 The Accordion w/ Mike Frankel 1/17 Dance with Lynn Moon 1/18 Men's Breakfast 1/27 Ladies' Tea Sunday Church, Vista Ridge Church Sunday Devotional, David Wilkins Wednesday Bible Study,</p>	<p>January Birthdays Carolyn S. 1/21 Jacque T. 1/25</p>

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