



May 2010



Arbor House Reminiscence
151 48th Ave. SW
Norman, OK 73072

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Month Long Observances							
* Flower Month	* National Bar-B-Que Month	* National Hamburger Month	* National Photo Month				
* National Mental Health Month	* National Strawberry Month	* Older Americans Month					
						9:30 Walk and Talk 10:00 Parachute Fun 10:20 Wet the whistle 10:30 Volleyball/Kickball 10:50 Giggle Therapy 2:00 Joe Entertains 4:30 Luau!!!	
10:00 Volleyball/Kickball 2 10:20 Hydration time 10:30 Sit & B Fit 10:50 Hymn Singing 2:00 Bible Study W/Russ & Eva 2:30 Movie Matinee	9:30 Walk and Talk 3 10:00 Parachute 10:20 Refreshments 10:30 Volleyball/Kickball 2:00 Memory Stimulation 3:00 Table Games	9:30 Walk & Talk 4 10:00 Volleyball/Kickball 10:30 Water Break 10:40 Exercise Fun 1:45 Bethel Baptist 2:30 Pet Therapy W/Reggie	10:00 Volleyball/Kickball 5 10:20 Wet the Whistle 10:30 Move and Groove 10:45 Bible Study 2:00 Sensory Stimulation 3:00 Frisbee Throw/Bean bag toss	9:30 Walk & Talk 6 10:00 Pet therapy W/Maggie 10:40 Hydration Time 10:50 Trivia 2:00 Not Just Country (line dancers) 3:00 Fun in the Sun	10:00 Volleyball/Kickball 7 10:20 Refreshments 10:30 Sittercise 10:50 Life Stories 2:00 Social Hour 3:00 Ice Cream Social	9:30 Walk and Talk 8 10:00 Pet Therapy 10:40 Wet the Whistle 2:00 Franklin Road Performs 3:00 Bowling 3:45 One to One	
10:00 Volleyball/Kickball 9 10:20 Hydration time 10:30 Sit & B Fit 10:50 Mother's Day Poems 2:00 Bible Study 2:30 Movie Matinee	9:30 Walk & Talk 10 10:00 Parachute Fun 10:20 Refreshment 10:30 Volleyball/Kickball 2:00 Memory Stimulation 3:00 Table Games	9:30 Walk & Talk 11 10:00 Volleyball/Kickball 10:30 Water Break 10:40 Exercise Fun 1:45 Arts & Crafts 2:30 Coloring and Painting Projects	10:00 Volleyball/Kickball 12 10:20 Wet the Whistle 10:30 Move and Groove 10:45 Bible Study 2:00 Sensory Stimulation 3:00 Frisbee throw/Bean bag toss	10:00 Volleyball/Kickball 13 10:20 Hydration Time 10:30 Sit and be Fit 10:50 Trivia 2:00 Bernard Sings 3:00 Fun in the Sun	10:00 Volleyball/Kickball 14 10:20 Refreshments 10:30 Sittercise 10:50 Life Stories 2:00 BINGO 3:00 Ice Cream Social	10:00 Parachute Fun 15 10:20 Wet the Whistle 10:30 Volleyball/Kickball 2:00 Bowling 2:45 Music Hour 4:00 One to One	
10:00 Volleyball/Kickball 16 10:20 Hydration time 10:30 Sit & B Fit 10:50 Hymn Singing 2:00 Bible Study W/Russ & Eva 2:30 Movie Matinee	9:30 Walk & Talk 17 10:00 Parachute Fun 10:20 Refreshments 10:30 Volleyball/Kickball 2:00 Memory Stimulation 3:00 Table Games	9:30 Walk & Talk 18 10:00 Volleyball/Kickball 10:30 Water Break 10:40 Exercise Fun 1:45 Bethel Baptist 2:30 Pet Therapy W/Reggie	10:00 Volleyball/Kickball 19 10:20 Wet the Whistle 10:30 Move and Groove 10:45 Bible Study 2:00 Sensory Stimulation 3:00 Frisbee throw/Bean bag toss	9:30 Walk & Talk 20 10:00 Pet therapy W/Maggie 10:40 Hydration Time 10:50 Trivia 2:00 Bernard Entertains 3:00 Fun in the Sun	10:00 Volleyball/Kickball 21 10:20 Refreshments 10:30 Sittercise 10:50 Life Stories 2:00 BINGO 3:00 Cookies W/Good Shepherd	9:30 Walk and Talk 22 10:00 Pet Therapy 10:40 Wet the Whistle 2:00 Bowling 2:45 Music Hour 3:45 One to One	
10:00 Volleyball/Kickball 23 10:20 Hydration time 10:30 Sit & B Fit 10:50 Hymn Singing 2:00 Bible Study 3:00 Movie Matinee	9:30 Walk & Talk 24 10:00 Parachute Fun 10:20 Refreshments 10:30 Volleyball/Kickball 2:00 Memory Stimulation 3:00 Table Games	9:30 Walk & Talk 25 10:00 Volleyball/Kickball 10:30 Water Break 10:40 Exercise Fun 1:45 Arts & Crafts 2:30 Coloring and Painting Projects	10:00 Volleyball/Kickball 26 10:20 Wet the whistle 10:30 Move and Groove 10:45 Bible Study 2:00 Sensory Stimulation 3:00 Frisbee throw/Bean bag toss	9:30 Walk & Talk 27 10:00 The Music Machine 12:00 Men's Luncheon 2:00 Ladies Beauty Hour 3:00 Tea Party 3:00 Fun in the Sun	10:00 Volleyball/Kickball 28 10:20 Refreshments 10:30 Sittercise 10:50 Life Stories 2:00 BINGO W/Loving Care 3:00 Ice Cream Social	10:00 Parachute Fun 29 10:20 Wet the Whistle 10:30 Volleyball/Kickball 2:00 Bowling 2:45 Music Hour 3:45 One to One	
10:00 Volleyball/Kickball 30 10:20 Hydration time 10:30 Sit & B Fit 10:50 Hymn Singing 2:00 Bible Study 3:00 Movie Matinee	9:30 Walk & Talk 31 10:00 Parachute Fun 10:20 Refreshments 10:30 Volleyball/Kickball 2:00 Memory Stimulation 3:00 Table Games	Resident of the Month Carlotta M.				Happy Birthday Otis 5/2/1920 Denella 5/16/1924	