









ARBOR HOUSE ROCKWALL ASSISTED LIVING COMMUNITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="font-size: 2em; color: purple;">September</h2>			1 11:00 Chair Ex. 1:00 Bingo 2:30 Movie BEAUTY SHOP 9-5	2 11:00 Group Walk 1:00 Card & Dominoe Games 3:00 Wii Bowling Tournament	3 11:00 Chair Ex. 1:00 Bingo BEAUTY SHOP 9-5 2:30 Movie	4 1:00 Bingo 3:00 Wii Bowling 6:30 Card & Dominoe Games 
5 10:00 Church Service 1:00 Bag Decoration 2:00 Movie 	6 9:00 Target 11:00 Chair Ex. 1:00 Bingo 3:00 Bible Study Happy 5PM Labor Day with Bud the Singer  	7 11:00 Group Walk 1:00 Card & Dominoe Games 3:00 Wii Bowling Tournament 	8 9:00 Kohl's 11:00 Chair Ex. 1:00 Bingo 2:30 Movie BEAUTY SHOP 9-5 	9 11:00 Group Walk Card & Dominoe Games 3:00 Wii Bowling Tournament 1-5 Edwina Spa 5pm Norris Perry  	10 11:00 Chair Ex. 1:00 Bingo BEAUTY SHOP 9-5 2:30 Movie Karen's Jewelry	11 1:00 Bingo 3:00 Wii Bowling 6:30 Card & Dominoe Games 
12 10:00 Church Service 2:00 Movie National AL Day 	13 10:00 Activity Meeting 11:00 Chair Ex. 1:00 Bingo 3:00 Bible Study	14 11:00 Group Walk 1:00 Resident Council 2:00 Card & Dominoe Games 3:00 Wii Bowling Tournament 	15 10:30 Penny Terk Jewelry 11:00 Chair Ex. 1:00 Bingo 2:30 Nails & Dollar Tree BEAUTY SHOP 9-5 	16 11:00 Group Walk 1:00 Wii Bowling Tournament 2:30 Wii Bowling Tournament	17 11:00 Chair Ex. 1:00 Bingo BEAUTY SHOP 9-5 2:30 Bass Pro Shop	18 1:00 Night at the Oscars 3:00 Wii Bowling 6:30 Card & Dominoe Games 
19 10:00 Church Service 1:00 Bag Decoration 2:00 Movie 	20 9:00 J.C. Penny 11:00 Chair Ex. 1:00 Bingo 3:00 Bible Study 	21 11:00 Group Walk 1:00 Card & Dominoe Games 3:00 Wii Bowling Tournament	22 11:00 Chair Ex. 1:00 Bingo 2:30 Casino Time BEAUTY SHOP 9-5  	23 11:00 Group Walk 1:00 Card & Dominoe Games 3:00 Wii Bowling Tournament 1-5 Edwina Spa 	24 11:00 Chair Ex. 1:00 Bingo BEAUTY SHOP 9-5 2:30 Happy Hour with Guest Entertainment 	25 1:00 Bingo 3:00 Wii Bowling 6:30 Card & Dominoe Games 
26 10:00 Church Service 2:00 Movie 	27 Wal-Mart 11:00 Chair Ex. 1:00 Bingo 3:00 Bible Study 4:15 Dinner @ Texas Roadhouse	28 11:00 Group Walk 1:00 Card & Dominoe Games 3:00 Wii Bowling Tournament	29 11:00 Chair Ex. 1:00 Bingo 2:30 Movie 4:00 Auction BEAUTY SHOP 9-5 	30 11:00 Group Walk 1:00 Card & Dominoe Games 3:00 Wii Bowling Tournament 5:00 Pink Carnation Dance	myElitecleaners.com Dry Clean 20%OFF Free Pick Up and  214.500.9026 	Septmebr Special Shirts & Blouses Delivery
September B-Day's: Bernice Rodgers Sept. 3 Chester Fine Sept. 4 Bill Charbonneau Sept 6 Betty Donoho Sept. 11 Jane Trawick Sept. 14 Bob Baltz Sept. 18 Runell Woodard Sept. 23	Possible Activities: YMCA Water Aerobics Firewheel Mall TCU Football Game*					
				For calendar advertise	ment, speak with Anth	ony.

Vintage Season Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>8:45 Stroll Patrol 9:00 Prayer 9:15 Pledge of Allegiance 9:30 Sit & Be Fit 10:00 Morning Munchies 10:30 Historical News 11:00 Setting Table 1:00 Helping Hands 1:30 Relaxation Hour 1:30 Table Games</p> 	<p>2 9:00 Prayer 9:30 Pledge of Allegiance 9:30 Sit & Be Fit 10:30 Folding Laundry 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 What's Cooking 4:30 Hand Message 6:00 Movie & Popcorn</p>	<p>3 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Morning Munchies 11:00 Setting Table 11:30 Walking Club 1:00 Helping Hands 2:00 Table Games 3:00 What's Cooking 4:00 Folding Napkins with Friends 6:00 Stroll Patrol 7:00 Evenig Delight</p> 	<p>4 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Painting 11:00 Setting Table 1:00 Helping Hands 2:00 Bowling 3:30 What's Cooking 4:00 What Would U Do 6:00 Stroll Patrol 7:00 Evening Delight</p> 
<p>5 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Scripture Reading 10:30 Hymns 11:00 Sit & Be Fit 1:30 Helping Hands 2:00 Arts & Crafts 3:00 What's Cooking 4:00 U Be the Judge 6:00 House Engagement</p>	<p>6 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Morning Munchies 10:30 Sit & Be Fit 11:00 Setting Table 1:30 Helping Hands 2:00 Table Games 3:00 What's Cooking 4:00 Bingo 6:00 Stroll Patrol 7:00 Evening Delight</p> 	<p>7 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Morning Munchies 11:00 Flower Arranging 1:30 Helping Hands 2:00 Dominoes 3:00 What's Cooking 4:00 Manicures 6:00 Stroll Patrol 7:00 Evening Delight</p>	<p>8 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Historical News 11:00 Setting Table 1:30 Helping Hands 2:00 Table Games 3:00 Music with Jesse 4:00 Balloon Volley 6:00 Stroll Patrol 7:00 Evening Delight</p> 	<p>9 9:00 Prayer 9:30 Pledge of Allegiance 9:30 Sit & Be Fit 10:30 Folding Laundry 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 What's Cooking 4:30 Hand Message 6:00 News Watch 7:00 Evening Delight</p> 	<p>10 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Introduce Yourself 10:30 Sit & Be Fit 11:00 Setting Table 11:30 Walking Club 1:00 Helping Hands 2:00 Table Games 3:00 What's Cooking 3:00 For Men Only 6:00 Stroll Patrol 7:00 Evening Delight</p>	<p>11 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Painting 11:00 Setting Table 1:00 Helping Hands 2:00 Life Stories 2:30 Table Games 3:30 What's Cooking 4:00 What Would U Do 6:00 Stroll Patrol 7:00 Evening Delight</p> 
<p>12 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Scripture Reading 10:30 Hymns 11:00 Setting Table 1:30 Helping Hands 2:00 Arts & Crafts 3:00 What's Cooking 4:00 U Be the Judge 6:00 House Engagement 7:00 Evening Delight</p> 	<p>13 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Flower Arranging 10:30 Sit & Be Fit 11:00 Setting Table 1:30 Helping Hands 2:00 Reading Club 2:30 Table Games 3:00 What's Cooking 4:00 Bingo 6:00 News Watch 7:00 Evening Delight</p>	<p>14 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Introduce Yourself 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 What's Cooking 4:00 Manicures 6:00 House Engagement 7:00 Evening Delight</p>	<p>15 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Historical News 11:00 Setting Table 1:30 Helping Hands 2:00 Afternoon Social 3:00 What's Cooking 4:00 Balloon Volley 6:00 News Watch 7:00 Evening Delight</p> 	<p>16 9:00 Prayer 9:30 Pledge of Allegiance 9:30 Sit & Be Fit 10:30 Folding Laundry 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 Movie & Popcorn 4:30 Hand Message 6:00 Conversation on the Patio 7:00 Evening Delight</p>	<p>17 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Picture Bingo 10:30 Sit & Be Fit 11:00 Setting Table 11:30 Walking Club 1:00 Helping Hands 2:00 Table Games 3:00 What's Cooking 4:00 U Be The Judge 6:00 Book Reading</p> 	<p>18 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Painting 11:00 Setting Table 1:00 Helping Hands 2:00 Life Stories 2:30 Table Games 3:30 What's Cooking 4:00 What Would U Do 6:00 Stroll Patrol</p>
<p>19 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Church Services 10:30 Hymns 11:00 Sit & Be Fit 1:30 Helping Hands 2:00 Arts & Crafts 3:00 What's Cooking 4:00 U Be the Judge 6:00 Dining with Dad</p>	<p>20 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Bowling @ Shaniganz 10:30 Sit & Be Fit 11:00 Setting Table 1:30 Helping Hands 2:00 Reading Club 2:30 Table Games 3:00 What's Cooking 4:00 Bingo 6:00 News Watch</p> 	<p>21 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Introduce Yourself 11:00 Setting Table 1:30 Helping Hands 2:00 Table Games 3:00 Harold W. Birthday 4:00 Manicures 6:00 News Watch</p>	<p>22 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Historical News 11:00 Setting Table 1:30 Helping Hands 2:00 Table Games 3:00 What's Cooking 4:00 Balloon Volley 6:00 Bingo</p> 	<p>23 9:00 Prayer 9:30 Pledge of Allegiance 9:30 Sit & Be Fit 10:30 Folding Laundry 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 What's Cooking 4:30 Hand Message 6:00 Movie & Popcorn</p>	<p>24 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Lynn Moon Dance Therapy 10:30 Sit & Be Fit 11:00 Setting Table 11:30 Walking Club 1:00 Helping Hands 2:00 Table Games 3:00 What's Cooking 4:30 Bowling 6:00 Stroll Patrol</p>	<p>25 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Painting 11:00 Setting Table 1:00 Helping Hands 2:00 Life Stories 2:30 Table Games 3:30 What's Cooking 4:00 What Would U Do 6:00 Stroll Patrol</p>
<p>26 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Church Services 10:30 Hymns 11:00 Sit & Be Fit 1:30 Helping Hands 2:00 Arts & Crafts 3:00 What's Cooking 4:00 U Be the Judge 6:00 House Engagement</p>	<p>27 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Spiritual Hymns 10:30 Sit & Be Fit 11:00 Memorial Day 1:30 Helping Hands 2:00 Book Club 2:30 Table Games 3:00 What's Cooking 4:00 Bingo 6:00 Stroll Patrol</p>	<p>28 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Introduce Yourself 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 Helen W. Birthday 4:00 Manicures 6:00 Stroll Patrol</p> 	<p>29 9:00 Prayer 9:30 Pledge of Allegiance 10:00 Sit & Be Fit 10:30 Historical News 11:00 Setting Table 1:30 Helping Hands 2:00 Table Games 3:00 What's Cooking 4:00 Trivia 6:00 Stroll Patrol</p>	<p>30 9:00 Prayer 9:30 Pledge of Allegiance 9:30 Sit & Be Fit 10:30 Folding Laundry 11:00 Setting Table 1:30 Helping Hands 2:00 Dominoes 3:00 Create Your Sub Sandwich 4:30 Hand Message 6:00 Stroll Patrol</p> 	<p>Autumn Starts</p> 	<p><i>Engagements are subject to change based on the needs of our residents.</i></p>