

September 2010 Newsletter & Calendar

Arbor House Staff

- Tammie O' Connor
Executive Director
- Daisy Pearson
Director of Nursing
- Jane Hill
Dietary Supervisor
- Alexa Moorehead
Activity Director
- Stephanie Ferguson
Wellness Coordinator
- Sabrina McGinnis
Administrative Assistant
- Amy Stoy
Marketing Director
- Dr. Stephen Bishop
Medical Director

And a host of wonderful
caregivers & dietary staff!!



Tammie's Corner

What a WONDERFUL month!!! Not only are we well on our way to fall which I am so passed ready for, but it's my birthday month. I am going to be 49 and from what I am told this is the year I put all the future birthdays on hold. So its 49 from now on!

On every birthday it is tradition in my family you always get your picture made with the cake, and let me tell you some of those cakes looked pretty bad. My mom thought the more layers the better. She should have stopped with two. I have a picture of one and you can tell by the look on my face I was afraid of it. I looked like it was about to tumble then, and I knew I would get in trouble because I was sitting right next to it and that meant my dress was going to get dirty. I did not want anywhere near that cake. Then there was another picture of me crying while everyone was singing happy birthday to me, see I knew then that getting older was not a girls best friend.

The best picture I have was on my 7th birthday. I was sitting in my dads lap with my hair in long blonde pony tails, and my mom had my cake in front of me and it was so pretty. My mom with her pretty white earrings in her ears and lipstick on and her apron around her waist helping me and my dad blow out my candles. That was the best birthday ever!

Tammie O

Fun Facts In 1940

Costs:

- In 1940 a new house cost \$3,920.00 and by 1949 was \$7,450.00
- In 1940 the average income per year was \$1,725.00 and by 1949 was \$2,950.00
- Ford Super Deluxe Sedan Coupe \$1395
- Bunk beds \$6.95 in 1948

Facts:

- Rhythm and blues Music becomes popular and the beginnings of Rock and Roll
- First nuclear bomb that dramatically changed the war and international relationships between those who had the technology and those countries who did not
- The improvements in the use of Jet Engines
- Baseball Stars are quick to join the forces and fight for their country



Fun at The Arbor House



Mr. Fred &
Mrs. Vicky



Mr. C.A and
Mrs. Ellen



Mrs. Nell sewing
a blanket!



Holidays, Observations and upcoming Events In September 2010!

Grandparents Month

Classical Music Month

National Chicken Month

National Childhood cancer
Awareness Month

National honey Month

Humming Bird Day 9/1

Uncle Sam's Birthday 9/3

Labor Day 9/6

9/11 Observances &
Remembrances

Patriot Day 9/11

Grandparents Day 9/12

Entertainment

Margie Hartsfield 9/6

Kim O'Connor 9/20

Margie Hartsfield 9/21



Happy Birthday

Mr. Frances 9/18

Mr. HB 9/19

Mrs. Mary J 9/27

Mrs. Ellen 9/29



Grandparents Day

National Grandparents Day has three purposes. It gives honor to the estimated thirty-five million grandparents across the United States. It also gives grandparents a chance to show their love and affection for their grandchildren. And third, this holiday helps to show the younger generations how much wisdom and guidance their elders truly possess. This relatively new holiday is the brainchild of a West Virginia housewife named Marian Lucille Herndon Mc Quade. In 1970, Mrs. Mc Quade began her grassroots campaign to set aside a day every year for Grandparents Day. She enlisted the help of others to contact politicians, civic and business organizations, and churches. Three years later, Mrs. Mc Quade's concentrated efforts produced the first "Grandparents Day" in West Virginia when it was proclaimed by Governor Arch Moore. At the same time, Senator Jennings Randolph presented a Grandparents Day resolution to the United States Senate. However, the resolution just sat on the back burner. Realizing that her dream for a national holiday to honor grandparents was fizzling out, Mrs. Mc Quade and her team then ramped up their efforts by contacting the media and even more politicians in order to gain worldwide attention. Their efforts paid off five years later in 1978 when the United States Congress passed legislation that declared the first Sunday after Labor Day as being "National Grandparents Day." The proclamation was signed by then, President Jimmy Carter.

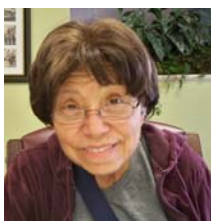


Labor Day

Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity and well-being of our country



Shinning Star Of The Month!



Mrs. Hortensia Is our shinning star of the month. She is such a intelligent women, and a sweetheart as well. She is always teaching someone something new and has a wonderful out look on life. Congratulations to Mrs. Hortensia !!

You Are Invited!

We will be having a Ice Cream Social on each of our houses on September 17th at 2:30. It will not be anything big just relaxing and enjoying ice cream ,with friends and family.



Attention Family Members and All Staff !

Mr. Bill and Mrs. Mary's Cat "Jenny" has come up missing. We think she is probably hiding out somewhere in our community, but we are not sure where. She is a salt and pepper Siamese . If everyone could please keep their eyes open for her we sure would appreciate it.

Thank you!



Every 70 seconds, someone will develop Alzheimer's. This fall, a nation will walk together to move us closer to a cure.

The Alzheimer's Association Memory Walk is our national signature event and brings together family, friends, caregivers and concerned community members who all want to make a difference. Since 1989, Memory Walk has raised more than \$200 million to help those battling Alzheimer's disease. The Arbor House Administration staff will be participating in the Alzheimer's walk Weatherford, TX on September 25th at 9 am.



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**“Specializing in Memory
Care.”**